



Letters to Editor

Defining Invasive Fungal Infection Risk in Hematological Malignancies: A New Tool for Clinical Practice

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Dear Editor,

Invasive fungal infections (IFIs) represent an important cause of morbidity and mortality in patients affected by hematological malignancies (HMs), particularly those with an immunocompromised status.<sup>1,2</sup> In this setting, IFIs still represents a major clinical problem also for the high costs related to the antifungal prophylaxis and treatment.<sup>3,4</sup> When considering the high clinical heterogeneity of these patients, the risk of IFIs may be remarkably different. Accordingly, if such a risk is not appropriately evaluated, the possibility of an overtreatment in some or an undertreatment in other patients is very likely.

Pagano et al., on behalf of SEIFEM (Sorveglianza Epidemiologica Infezioni Fungine nelle Emopatie Maligne) group, recently published a systematic review of the literature on the risk and incidence of IFIs in the setting of HMs with the aim to consider the main predisposing factors and to suggest practical strategies for prevention and treatment of IFIs.<sup>5</sup> In this review, specific IFI predisposing factors are summarized for each disease class. Depending on the risk of developing IFIs, patients are then divided into three groups: high, intermediate, low-risk group. Briefly, patients with acute myeloid leukemia (AML) or treated with an allogeneic hematopoietic stem cell transplantation (HSCT) have *per se* an increased risk of IFI. Moreover, some conditions predispose a high risk of IFI, independently of the underlying disease, like neutropenia, relapse/refractory disease, previous history of IFI, salvage therapy and a high dose of steroids.

To facilitate the reading of this analysis and to estimate in each patient the IFI specific risk, we here propose a practical consultation tool composed of a table where risk categories, their related risk factors, and the HMs, are reported and matched (**Table 1, part**

**1 and 2**). This estimated risk stratification was developed correlating each disease class with the variables risk factors, categorized according to patient's features, underlying comorbidities, immunity status, environmental factors, neutropenic status, disease and therapy or transplant's procedures.

By this approach, each box of the table represents a matching of a specific disease with a specific risk factor. Red boxes, expressing a high risk (HR) of IFI, are used to indicate a reported incidence of IFI above 5%; yellow boxes, expressing an intermediate risk (IR) of IFI, are used to indicate a reported incidence of IFI of 2-5%; green boxes, expressing low risk (LR) of IFI, are used to indicate a reported incidence of IFI minor of 2%. In the case of lacking data, the boxes are white.

Looking at the colored boxes, people can read this table from two different points of view, by focusing on the risk categories or *vice versa* on the specific HM. In general, the horizontal reading of the table highlights the principal IFI risk factors, regardless of the underlying disease. In particular, red boxes appear to be associated with a long history of HM, with a relapse or refractory disease, a prolong neutropenia, older age, predisposing polymorphisms, pulmonary comorbidities, intense chemotherapy and prolong used of steroids. Some of these risk factors are routinely screened in the clinical practice, others, like predisposing genetic polymorphisms, are used only in experimental setting, but look promising. On the other hand, the vertical reading of the table highlights the disease mostly associated with IFI, in particular, AML and patients undergoing HSCT.

It should be underlined that each disease may present one or more risk factors and that the risk factors may vary during the course of illness and due to the type of treatments. For this reasons, it is important to follow the patient over time, with a dynamic score,

evaluating the presence or absence of risk factors, with the aim to start or withdrawn an appropriate antifungal prophylaxis or treatment. In this setting, this table allows a rapid consultation in the clinical practice.

In conclusion, this IFI's risk table may represent a useful and simple tool to assess over time the risk of developing IFI in patients with HMs and may help to plan an appropriate antifungal stewardship.

**Table 1 (part 1). IFI risk table:** risk categories and their related risk factors are reported in the first and second column of the table, respectively; the HMs are listed in the first row of the table.

Categories	Risk Factors	HSCT	ASCT	AML	MDS	ALL	MPN	NHL HL	CLL	MM	
<b>Patient</b>	Age > 65	High		High	Intermediate	High					
	Age 55-65	High				High					
	Age 30-54	Intermediate		Low		Intermediate					
	Male sex					Intermediate		Intermediate			
<b>Comorbidities</b>	PS ≥ 2	High		High				Intermediate			
	Previous IFI	High	Intermediate	High		Intermediate		Intermediate	Intermediate	Intermediate	
	Iron overload	High			Intermediate						
	Diabetes	High									
	Prior respiratory disease	High		High		Intermediate					
	Hypoalbuminemia	High						Intermediate			
	Influenza/parainfluenza virus	High		Intermediate							
	Mucositis ≥ 3 for >7 days	High	Intermediate								
	Esophagitis >2 (WHO)			Intermediate							
	CMV infection	High									
	Candida multiple colonization	High	High	Intermediate							
	High e-TRM score <sup>‡</sup>			High							
	<b>Immunity status</b>	Toll-like rec. Polymorphism	Intermediate		Intermediate						
		Plasminogen polymorphism			Intermediate						
		Mannose binding lectin polymorphism			Intermediate						
Other polymorphism (PTX3, Dectin-1)		Intermediate		Intermediate							
Lymphocytes dysfunction		Intermediate			Intermediate			Intermediate			
Prolong lymphocytopenia (<300 cells/μL)		Intermediate							Intermediate		
<b>Environment<sup>‡‡</sup></b>	Neutropenia at baseline	High		High	Intermediate						
	Neutropenia <500/μL for >10gg	High	High	Intermediate		Intermediate		Intermediate	Intermediate	Intermediate	

**Legend:**

- **High:** incidence > 5%, risk factor that put patient at high risk for IFI, reported in previous studies or risk factor in the setting of HSCT
- **Intermediate:** incidence 2-5%, risk factor known in this setting, but that do not identify a high or low risk for IFI, reported in previous studies
- **Low:** incidence < 2%, risk factor that put patient at low risk for IFI, reported in previous studies

Allogeneic Stem Cell transplantation (HSCT), Autologous Stem Cell Transplantation (ASCT), Acute Myeloid Leukemia (AML), Myelodysplastic Syndrome (MDS), Acute Lymphoblastic Leukemia (ALL), Myeloproliferative Neoplasm (MPN), Non Hodgkin Lymphoma (NHL), Hodgkin Lymphoma (HL), Chronic Lymphocytic Leukemia (CLL), Multiple Myeloma (MM).

**High e-TRM score<sup>‡</sup>:** PS (performance status), Age, Platelet, Albumin, secondary AML, WBC, % blast in PB, creatinine (Walter RB, et al. JCO, Oct. 2011)

**Environment<sup>‡‡</sup>:** intensive care unit admission, building works, tobacco, cannabis, residence, pets, potted plants, gardening, room without HEPA filtration, airways colonization by Aspergillus

**Table 1 (part 2). IFI risk table:** risk categories and their related risk factors are reported in the first and second column of the table, respectively; the HMs are listed in the first row of the table.

Categories	Risk Factors	HSCT	ASCT	AML	MDS	ALL	MPN	NHL HL	CLL	MM
<b>Disease</b>	Active disease <sup>†</sup>	High	High	High		High		Intermediate	Intermediate	Intermediate
	First Remission			Low						
	Aggressive disease <sup>††</sup>		Intermediate	High	Intermediate			Intermediate	Intermediate	Intermediate
<b>Therapy</b>	No Antifungal Prophylaxis			Intermediate		Intermediate		Intermediate		Intermediate
	Many previous treatment lines		Intermediate					Intermediate	Intermediate	Intermediate
	High dose Chemotherapy <sup>†††</sup>			Intermediate		High		Intermediate		
	Salvage Regimen			High	High	High				
	First Induction			Low		High		Intermediate		
	Consolidation			Low		Intermediate				
	Maintenance					Low				
	High dose of steroid	High	High			High		Intermediate		Intermediate
	T-cell suppressors*	High	High							
	B-cell suppressors**	High	High							
	Hypomethylating agents (not as salvage therapy)				Intermediate					
	Total Body Irradiation	High	Intermediate							
	TKI					Low				
Central Venous Catheter	High		Intermediate		Intermediate		Intermediate			
Bortezomib									Intermediate	
<b>Transplant related</b>	Type of donor (MMURD>MUD>MRD) <sup>***</sup>	High								
	Stem cell source (UCB > BM > PB)	High	High							
	Moderate-severe acute or chronic GVHD	High								
	> 1 HSCT	High	High							
	Cell manipulations	High								
	CMV serology status (R+/D- vs R+/D+ vs R-/D+ vs R-/D-)	High								
	ATG	High								
	CD34+ infused (< 3 x 10 <sup>6</sup> /Kg)	High								
	EBMT score <sup>°</sup>	High								
	BO score <sup>°°</sup>	High								
	Pre-transplant diagnosis (AML early onset- Lymphoma late onset)	High								
	Late post-transplant immune recovery	High								

**Legend:**

- **High:** incidence > 5%, risk factor that put patient at high risk for IFI, reported in previous studies or risk factor in the setting of HSCT
- **Intermediate:** incidence 2-5%, risk factor known in this setting, but that do not identify a high or low risk for IFI, reported in previous studies
- **Low:** incidence < 2%, risk factor that put patient at low risk for IFI, reported in previous studies

Tyrosine Kinase Inhibitor (TKI); HLA-mismatched unrelated donor unrelated donor (MMURD); matched unrelated donor (MUD); matched related donor (MRD); Umbilical Cord Blood (UCB); Bone Marrow(BM); Peripheral Blood (PB); Cytomegalovirus (CMV); Recipient (R); Donor (D); Anti-thymocyte globulin (ATG).

**Active disease<sup>†</sup>:** Day 15 blasts > 5% or No Complete Remission by the end of induction. **Aggressive disease<sup>††</sup>:** (lower probability of Complete Remission) Adverse cytogenetic/gene mutation profile, WBC > 50.000/ $\mu$ L, secondary AML. **High dose chemotherapy<sup>†††</sup>:** for ALL is pediatric conditioning, for HSCT in myeloablative conditioning. **T-cell suppressors\*:** Fludarabine, Cyclosporine, Tacrolimus, Mycophenolate mofetil, ATG, Alemtuzumab. **B-cell suppressors\*\*:** Rituximab. **EBMT score<sup>°</sup>:** Age, disease stage, time between diagnosis and transplant, donor type, donor/recipient sex (Gratwohl A, et al. Cancer, Oct. 2009). **BO score<sup>°°</sup>:** bronchiolitis obliterans CT score (de Jong PA, et al. Thorax, 2006 Sep; 61(9): 799-804).

<sup>1</sup> Cattedra di Ematologia, Unità di Malattie del Sangue e Trapianto di Midollo Osseo, Dipartimento di Scienze Cliniche e Sperimentali, Università di Brescia e ASST Spedali Civili, Brescia, Italy

<sup>2</sup> Istituto di Ematologia, Università Cattolica S. Cuore, Roma, Italy

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Correspondence to: Benedetta Rambaldi. Cattedra di Ematologia, Unità di Malattie del Sangue e Trapianto di Midollo Osseo, Dipartimento di Scienze Cliniche e Sperimentali, Università di Brescia e ASST Spedali Civili, Brescia, Italy. E-mail: [detta.rambaldi@hotmail.it](mailto:detta.rambaldi@hotmail.it)

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